

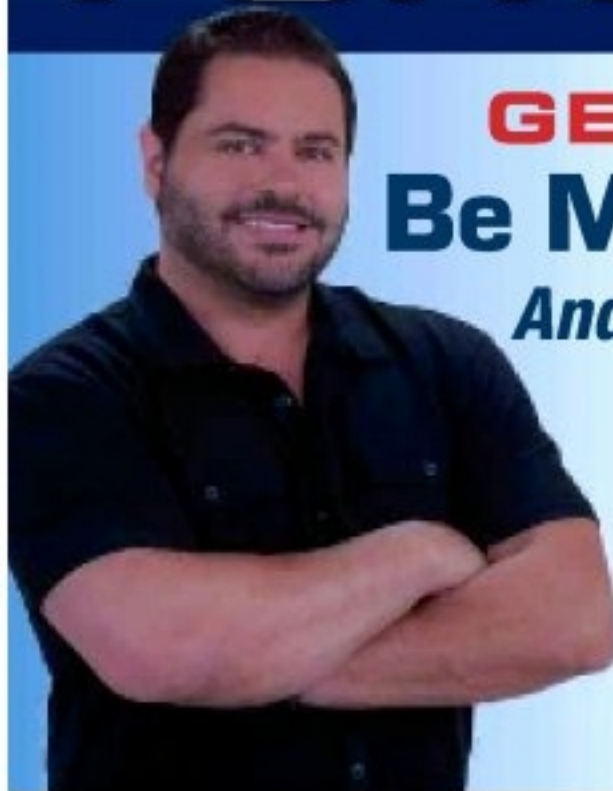


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CANADIAN MEDAL COUNTER

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New yoga making waves in Winnipeg

metroNEWS

CONTRIBUTED

UNTESTED WATERS

Ticket disputes can skip court

BYLAWS
Process for parking challenges changing to include an extra layer of review



Starting today, challenging a parking ticket in Manitoba will not require a provincial court visit.

Instead, anyone with a parking-ticket dispute is to visit the Winnipeg Parking Authority at 495 Portage Ave. or that agency's website to have the ticket reviewed.

The review is free, and an extra level of review is available through the province for \$25, which is refunded if the complainant is successful.

Todd Dube of WiseUp Winnipeg said the change is "an administrative step" to address the 18-month backlog in ticket-dispute trials.

Dube said it's "due to the thousands of people pleading not guilty to the increasing number of unfair tickets."

He alleges the city has been offering a half-off offence cost for people who change their plea to "guilty with explanation" to avoid and reduce the number of trials.

Oftentimes, according to Dube, that deal is offered before open courts reveal that the operator who issued the offence isn't able to attend, therefore staying the charges and dropping the ticket.

"The (enforcement) program has gained the co-operation of the Crown to implement this pre-trial step for the purposes of getting as much revenue as possible out of people before properly staying the violation due to the operator's non-attendance," Dube explained.

"What they're doing now in no way addresses the real issue; it only accommodates their logistical problem."

Dube said the real problems are deficient traffic engineering, heavily targeted enforcement and non-compliance with signage standards, to name a few.

Colin Stewart of the Winnipeg Parking Authority said the short reason "is because the province said so," pointing to the Municipal By-law Enforcement Act, which comes into force Monday.

"It requires any municipality anywhere in the province to use this new process," he said.

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COLLISION WOMAN DEAD AFTER CRASH Winnipeg police were at the scene of a crash on Waverley Street near Bishop Grandin Boulevard early Sunday morning. Police report that a female pedestrian died after she was hit by a car there at about 3 a.m. **SHAUN MCLEOD/FOR METRO**

CRIME

Thief assaults, robs man in wheelchair

Winnipeg police say they have arrested a man from Selkirk after he deliberately knocked over a disabled man and robbed him in St. Boniface.

Police said the man, 26, was travelling near Enfield Crescent and Goulet Street at about 2:45 a.m. Saturday when a man wearing a bandana approached him, assaulted him and sent him sprawling to the ground. The victim, who was unable to defend himself, was robbed of his personal property and the suspect ran away.

Luckily, a bystander was nearby and helped the man back into his wheelchair, but left before police arrived.

The suspect then headed to the 400 block of Richot Street where police said he broke into a garage, then headed to Langevin Street, tried to break

into another garage and then broke into a nearby vehicle.

He was caught and arrested, and is in custody.

Brendan Andrew Mitchell, 23, of Selkirk, has been charged with the following offences:

- Robbery
- Disguise with Intent
- Break & Enter – Commit Theft
- Break & Enter – With Intent
- Theft – Under \$5,000

"It is believed that the bystander who assisted the victim in the wheelchair may have witnessed the assault," said police. "As a result, the Winnipeg Police Service is asking this male or anyone with information regarding this incident to contact investigators with the East District Crime Unit at (204) 986-2868." **METRO**

Man charged with assaulting bus driver

PUBLIC TRANSPORTATION

Video footage shows person spitting on transit operator

The union representing bus drivers in Winnipeg says a fare dispute last week where the driver appeared to fight back after being spat on shows the need for different ways to collect money from passengers.

John Callahan, president of the Amalgamated Transit Union Local 1505, said there were about 60 assaults on operators in Winnipeg last year and two thirds were a result of fare disputes.

Callahan said other cities have taken the job of fare collection away from drivers and instead use transit inspectors, who in some cases check fares by using electronic readers to scan passengers' smart cards.

"This operator himself told me, as many operators have told me when they've been spit on, they'd rather be punched or slapped than spat on," Callahan said.

"They say it's the lowest of the low. And in this case when this happened to this operator he saw red and wanted to get hold of this guy and detain him for police."

A video posted online that appears to have been shot by someone on the bus begins with



A bus driver takes down an unruly passenger in this screen-shot from a video on social media. **SCREENSHOT/FACEBOOK**

a man appearing to spit on the driver, who is behind the wheel.

As the man turns to leave through the front door, the driver leaps from his seat, pursues him outside and attempts to tackle him. They struggled and the man

attempted to grab the back of the driver's head, knocking off his sunglasses.

The driver swings and misses, but eventually gains the upper hand and the man falls to his knees.



They'd rather be punched or slapped than spat on.

John Callahan

Police said the driver wasn't hurt and the man was held by a second bus operator and two passengers until police arrived.

Matthieu Joseph Fortier, 29, is charged with assault. The driver was not charged.

Callahan said the driver was in the union office Friday morning for help filling out his report on the incident. Tests on the driver for infectious diseases have been done, Callahan said.

"A punch, you've got a bruise and it heals. With a bodily fluid, there's always the fear, 'Did that get in my eye? Did it get into my mucus membrane?' It's something that plays in the back of your mind," Callahan said.

"After the fact you could look back and say, (the driver) should have disengaged. But you know, hindsight is 20/20," Callahan said, again noting how much drivers hate being spat on.

"They just find it to be absolutely disgusting, very degrading."

Winnipeg Transit says all of its operators have participated in assault prevention training and that it continues to study new security methods and technologies. **THE CANADIAN PRESS**



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Heritage Classic 'finally feels real': Mark Chipman

HOCKEY

New jerseys and rosters unveiled for Oct. 23 event



Braeden Jones
Metro | Winnipeg

True North Chair Mark Chipman says after months of planning, the upcoming Heritage Classic event "finally feels real."

"I just think of all the events (that) could have landed, it was the one that allowed us to just do a real proper and fulsome honouring of the Winnipeg Jets and their history, and it so involves our fans," he said.

"To me, this was by far the best way to celebrate the heritage of our hockey, and it's sort of already exceeded my expectations of how it can do that."

Hundreds of Winnipeggers turned out to the historic Portage and Main intersection to get the details on the event, which will be held at Investors Group Field in October.

Rosters for both alumni teams were announced while former NHL greats from both Edmonton and Winnipeg teams of old were on hand, including Dale Howerchuk, Kevin Lowe, Thomas Steen and Dave Semenko.



This was by far the best way to celebrate the heritage of our hockey, and it's sort of already exceeded my expectations of how it can do that. Mark Chipman

They'll be joined by legends like Teemu Selanne, Wayne Gretzky, Mark Messier and Bob Essensa, to name a few of the alumni facing off at the Oct. 22 alumni game.

As well, Jets forward Blake Wheeler and Oilers goalie Cam Talbot modelled the new heritage classic jerseys their respective teams will be wearing when they face off Oct. 23.

Wheeler said the Jets' new look is "awesome."

"I think they did a good job of kind of combining some of the old elements of the old Jets with our colour scheme," he said, adding he's looking forward to the game in which he'll be wearing it next. "It's going to be a special day for the city."

Wheeler is no stranger to outdoor games. As a Boston Bruin, he participated in the 2010 Winter Classic at Fenway Park.

"It's a cool experience, a little bit different than what you're used to," he said.

"Getting that many of our fans into one stadium... it's going to be pretty cool."

Looking up and down the alumni rosters when backstage with Oilers goalie Cam Talbot, Wheeler said the pair agreed the game of former players "might trump the main event."

"Just the amount of star power in those two teams... it's going to add to the excitement of the whole weekend," he said.



Hundreds gathered at Portage and Main to hear the details about the upcoming Heritage Classic.



Current and former NHL players for the Oilers and Jets pose for photos on stage with old and new heritage jerseys. PHOTOS: BRAEDEN JONES/METRO

WINNIPEG JETS

Fans want to see Blake Wheeler become captain

The Winnipeg Jets' top brass might be taking their time sweet sewing a "C" to the front of a jersey, but Jets fans have already made their pick for captain.

"Captain Wheeler, Captain Wheeler, Captain Wheeler!" hundreds of fans chanted as last year's leading scorer Blake Wheeler took to the stage at Portage and Main during Heritage Classic announcements.

The American right-winger was humble as always in discussing the prospect of taking over the Jets captaincy and filling the void left when former captain Andrew Ladd was moved to Chi-

cago last season.

"I think they (management) are being incredibly thorough with that process, and you know we're in a great situation in that we have a lot of candidates who are both deserving and would do a great job as captain," he said, adding he's in no hurry to learn who that will be. "Whenever that happens is when it'll happen, they really can't make a wrong choice."

But he was grateful for the support fans seemed to put behind him in the 'who should be the second Jets 2.0 captain' question.

"Their support has always



Blake Wheeler
BRAEDEN JONES/METRO

been great, I think I've always had a good relationship with our fans," Wheeler said. "They've identified the type of player I am,

that's always who I've been — just try to work hard every night — and I think that's the type of people they have in Winnipeg, too, it's kind of a blue-collar town, so I've always appreciated their support."

Although he's adamant there are a lot of guys in the locker room capable of stepping up as the go-to leader, Wheeler says he's still interested in the job and would be "honoured" if he's the guy.

"I've been clear about the fact that one way or another it's not going to change who I am or what I try to do," he said. "Who-

ever it is I'm going to support as I did Andrew Ladd when he was here."

Outside of the veteran players Wheeler thinks deserve the C as much as himself, he's also excited about the youth being brought into the fold and thinks the team he could captain is "headed in the right direction."

"Training camp is going to be very competitive," he said. "It's going to be a lot of competition for jobs, and that's how you know you're headed in the right direction when you're not exactly sure who's going to be pencilled in where." BRAEDEN JONES/METRO

WORKSHOPS

Yoga on the lake



Meg Crane
For Metro | Winnipeg

Can't hold that pose? Then you'll get wet.

Winnipeg yoga instructor Ashley Bourgeois now holds some of her classes right on FortWhyte Alive's Cargill Lake.

As owner of Wild Path—a company that hosts classes, workshops and retreats incorporating yoga into nature—Bourgeois was interested in stand-up paddleboard (SUP) yoga as soon as she heard about it.

"I love the element of being in nature and in the water, and even the different elements you can experience," said Bourgeois.

She headed to San Diego to train as a SUP instructor before even taking a class herself.

Some classes are held on hot and sunny days, during which most students dive into the water to cool off, said Bourgeois. Other days are overcast, making for a more relaxing session.

"Windy days can create a really fun challenge," she said, even for people with a great deal of yoga experience because muscles need to be engaged differently than they are doing the same poses on solid ground.

Being on the board also helps students discover and correct their alignment in ways they can't do on land without one-on-one instruction.

The atmosphere is something Bourgeois said experienced yogis often appreciate as well.

"We saw eagles while practicing yoga. You can't get that in a yoga studio," said Bourgeois. "Last night's class, we had beavers slapping their tails."

She said potential students tend to shy away out of concern about bugs, falling in the water and poor weather.

But, once people try it, Bourgeois said most students fall in love and come back for more.

+ CLASSES

- Paddle boards are anchored during the class.
- For safety, students have personal floatation devices and whistles on their boards.
- Classes are only canceled for unsafe weather conditions, so sometimes Wild Path yogis are doing their downward dog in the rain.



Premier Brian Pallister. THE CANADIAN PRESS/FILE

Government left in dark

OMNITRAX

Shuttered Port of Churchill's owner not returning calls

Manitoba's premier and a top federal cabinet minister from the province had yet to hear from OmniTRAX Friday — 11 days after the company closed the Port of Churchill and laid off dozens of workers in the small subarctic town.

"Direct communications haven't been established in recent days," Premier Brian Pallister said Friday.

"Every relationship has its challenges and some have mysteries, too," he added later.

Federal Natural Resources Minister Jim Carr, one of Manitoba's two representatives in the federal cabinet, said he also had not heard from OmniTRAX and was focusing on Churchill residents affected by the closure.

"We are collecting the experi-

ence of people on the ground who are affected by these announcements."

Denver-based OmniTRAX has not made any public statements about its decision and has not done media interviews. The closure of the seasonal port, which has faced ongoing financial challenges, was spurred by a lack of grain shipments slated for this summer, according to the workers' union.

There are some people, including Niki Ashton, the New Democrat member of Parliament who represents Churchill and the surrounding area, who are calling on the federal government to take over the port as well as OmniTRAX's rail line. The rail line brings food, goods and people to many northern communities including a handful that are not accessible by road. OmniTRAX announced last week it was scaling back its freight service.

Carr said the federal government will review its options, but refused to say what those options might be.

THE CANADIAN PRESS

RECREATION

Beach safety under review after children's deaths

New safety rules are being considered for Manitoba beaches after two children died on the August long weekend.

Sustainable Development Minister Cathy Cox said in the wake of the tragedy, the government is reviewing protocols at provincial beaches.

A loaner life jacket program for swimmers will be studied and the province may consider a limit on the amount of people allowed on the beach at one time.

The review could also determine if lifeguards are required at beaches.

The safety officers in place now have rescue training skills, but are not lifeguards.

Right now only Bird's Hill, Grand Beach and Winnipeg Beach have officers on patrol.

"We're going to review the entire program to see how effective it is just in light of this enormous tragedy," said Cox.

She explained the review will get underway shortly, but

"We're going to review the entire program to see how effective it is just in light of this enormous tragedy"

Cathy Cox

could not say when it will be complete.

David Medina, 12, and Jhon- alyn Javier, 11, died at Grand Beach on Monday evening.

A Facebook posting said David's family moved to Canada from the Philippines in 2014, while Jhon- alyn's family emigrated from the Philippines last year.

Police said the children were playing together in the water, supervised by the boy's parents, when one of the parents lost track of the kids because of the setting sun. THE CANADIAN PRESS



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IN BRIEF

Midwife program survives

A deal has been reached that will let students in University of Manitoba's midwifery program continue as transfer students from McMaster University in Hamilton, Ont.

They will also do clinical rotations in Manitoba communities.

THE CANADIAN PRESS

Selkirk, Gimli to get new sewage treatment plants

The Manitoba and federal governments have announced funding for two new sewage treatment plants in Selkirk and Gimli.

The infrastructure will cost a total of \$53.2 million, shared by all three levels of government. THE CANADIAN PRESS

Major EI fraud cases still elusive

TECHNOLOGY

New system roots out more, but smaller, potential cases

A new computer system designed to root out possible fraud and overpayments in the federal government's employment insurance program is capturing more cases than its predecessor.

But the system hasn't been reeling in as many big fish as officials hoped.

Departmental documents show that on average, the second-generation program was finding more modest overpayments than the earlier version, despite a significant jump in the number of cases identified for review.

The findings led Employment and Social Development Canada officials to rejig the predictive model that considers some 100 variables to calculate the chance that someone has received too

much money, either by accident or through fraud.

The details are outlined in documents obtained by The Canadian Press under the Access to Information Act.

Officials now hope the recalibrated system can start finding more lucrative cases of overpayment to allow the department to better focus its resources and get a bigger bang for its investigative buck in one of the country's largest social programs.

"The newest iteration of the predictive model will provide the department with an additional tool to maintain integrity and prevent payment errors," said ESDC spokeswoman Evelyne Wildgoose Labrie.

"More specifically, it increases our efficiency at allocating resources to cases representing the highest risk of overpayment."

Since 2008, the predictive computer model has accounted for about half the overpayments identified.

A January presentation from ESDC officials likened the process to finding needles in a haystack by focusing on the likeliest area where the needles will be found.

In 2014, the program received a performance upgrade, both in the number of actual case of overpayment it hit on and an increase in the size of overpayments identified.

Earlier this year, officials found that the second-generation system wasn't working as originally expected.

The average overpayment identified under the newer model was \$861 between May and August 2015, a drop from the \$957 average during the same period in 2014. The newer model was, however, finding more cases. THE CANADIAN PRESS

72

If the government can't collect the money within 72 months of identifying the wrongful payment, it is generally written off.



Justin Trudeau, left, photo-bombed a Tofino, B.C., wedding. TWITTER.COM/MARNIERECKER

SOCIAL MEDIA

Shirtless PM enthralls again

Sightings of a shirtless Justin Trudeau continue to cause something of a stir across Canada and internationally this summer.

The prime minister was most recently photographed shirtless while taking a break from surfing and simultaneously photo-bombing a couple getting married on a Tofino, B.C., beach.

A Vancouver Island wedding

photographer, Marnie Recker, tweeted the photo of Trudeau on Saturday with his surf board standing several metres away from the bride, generating plenty of retweets and fanfare online.

It wasn't clear exactly when the photo was taken, but Trudeau has been in British Columbia for the past week.

A previous sighting of Canada's shirtless prime minister gained international attention.

The BBC and Time magazine reported on a Canadian family that encountered Trudeau while hiking in Quebec's Gatineau Park last month and took a selfie with the prime minister, who was not wearing a shirt.

THE CANADIAN PRESS



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A memorial at the site of the recent hot air balloon crash in Texas.
EDWARD A. ORNELAS/SAN ANTONIO EXPRESS-NEWS VIA THE ASSOCIATED PRESS

Board busts balloons

TRANSPORTATION

Time for crackdown on operators, says federal agency

In the wake of a hot-air balloon crash in the U.S. that killed 16 people, the federal agency that oversees transportation safety in Canada is calling for more action on safety concerns.

"Balloon operators can operate commercially, can take fare-paying passengers up for sight-seeing tours and yet they're not required to undergo the same level of regulatory oversight that airplanes or helicopters would be doing the same activity," said Transportation Safety Board chair Kathy Fox.

Balloon operators must obtain a Transport Canada-issued Special Flights Operations Certificate, which Fox says can be obtained by submitting only basic information. It also never expires.

Unlike other plane or helicopter companies, they're not

subject to audits or inspections and are not required to maintain operations or maintenance control manuals, Fox says.

Although individual pilots must be licensed and balloons must obtain a yearly "airworthiness certificate," Fox maintains there is not enough overall industry oversight to ensure safety.

"It's really left up to the balloon operators now, and I'm sure they're doing their best to operate safely, but the point is it's left up to them with no regulatory oversight from Transport Canada," Fox said.

The Transportation Safety Board first recommended imposing stricter regulations following a pair of 2007 accidents.

In response, Transport Canada agreed to conduct a risk assessment and formed a working group to study the issue.

The assessment was not released publicly, but the federal department stated in late 2013 that the favourable safety record of operators indicated that no further regulatory action was needed to ensure passenger safety. THE CANADIAN PRESS

IN BRIEF

Boy, subject of Amber Alert, found dead

Hamilton police say Finnigan Danne, 12, reported missing this weekend was found dead Sunday. A post-mortem has been scheduled but police are releasing few details.

Danne, 12, was last seen Saturday morning. Police

were concerned about the boy's because he suffered from a neuromuscular disorder and had limited mobility without a wheelchair.

They issued an Amber Alert Sunday afternoon but cancelled it less than an hour later.

THE CANADIAN PRESS

Timeline of hot-air balloon accidents here

Here's a look at some balloon-related accidents in Canada.

■ July 14, 2001: The 15-year-old daughter of the organizer of the Gatineau Hot Air Balloon Festival died when a balloon piloted by her father struck an electrical wire.

Julie Boileau was killed when the balloon, shifted by a gust of wind, touched a 25,000-volt line. Her father, Jean Boileau, was injured.

■ Aug. 11, 2007: Seven people

were injured — three seriously — when a balloon carrying a dozen passengers crash-landed in a farmer's field north of Winnipeg.

Witnesses said the balloon bounced several times before the basket flipped upside down and caught fire.

■ Aug. 24, 2007: Two passengers died in Surrey, B.C., when an uncontrolled propane-fuelled fire broke out in a hot air balloon preparing for takeoff.

Other passengers jumped from the burning basket as the balloon rose to the limit of its tethering strap and broke free, eventually plummeting into a nearby mobile home park.

■ July 14, 2010: Passengers on an Ottawa-area hot air balloon had a scare when the basket caught fire during an early landing due to turbulence.

The fire self-extinguished, and the balloon struck some trees before rising again, eventually landing in a residential

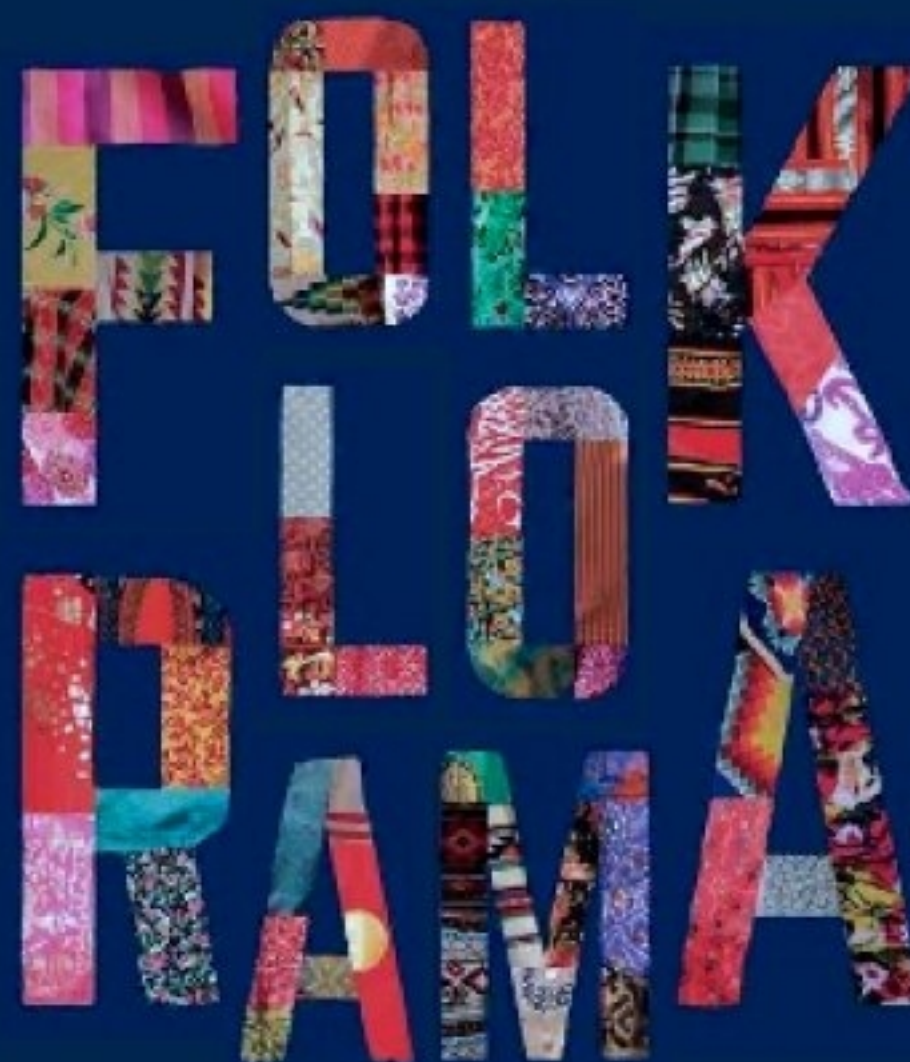
Ottawa neighbourhood. Nobody was hurt.

■ Aug. 11, 2013: A 27-year-old pilot plunged to his death after failing to let go of a cable from another pilot's balloon as he tried to help it land in St-Jean-sur-Richelieu, Que.

The pilot was taking part in the popular annual balloon festival held just south of Montreal.

SOURCE: TRANSPORTATION SAFETY BOARD OF CANADA; THE CANADIAN PRESS

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REFERENDUM

Thai voters approve new constitution

Thai voters on Sunday overwhelmingly approved a new junta-backed constitution that lays the foundation for a civilian government influenced by the military and controlled by appointed — rather than elected — officials.

Although near-final results showed that more than 60 per cent of voters in a referendum called by the military government approved of the constitution, the vote is likely to be met by some skepticism. The junta — led by Prime Minister Prayuth Chan-ocha, a retired army general who has severely curtailed dissent since coming to power in a 2014 coup — imposed severe restrictions on public discussion of the proposed constitution.

Ahead of the referendum, the junta banned political rallies and open discussion about the constitution, and criticism of the draft was made punishable by 10 years in jail. Critics say the restrictions ensured that most people were unaware of the pitfalls of the charter and were probably anxious to get the long-drawn process over with so that they could move on.

The “yes” vote “adds that touch of legitimacy to the coup makers,” Pavin Chachavalpongpun, an associate professor at the Center for Southeast Asian

Studies of Kyoto University in Japan, told The Associated Press.

“It gives them the green light for the next few steps they want to take. They will say the opposition cannot say anything now,” said Pavin, who is Thai and is a vocal critic of the junta.

Prayuth’s office, however, said in a statement late Sunday that the referendum “was conducted with a high degree of transparency and openness on part of the government.”

Despite the curbs on civil liberties, Prayuth’s rule has brought a measure of stability and ended the frequent street violence and divisive politics that had frayed Thailand’s social fabric for years. That veneer of stability could help explain the “yes” vote for the new constitution.

There was also the allure of new elections that Prayuth has promised to hold in 2017, after the approval of the new constitution, although he’s said he would call the vote even if the referendum was defeated.

With 94 per cent of the ballots tallied when counting was suspended for the night, 61 per cent of the voters said they approved of the constitution, while 39 per cent rejected it. The official final count is expected to be issued on Wednesday.

THE ASSOCIATED PRESS

58%

Only about 58 per cent of Thailand’s roughly 50 million registered voters cast ballots in the referendum.



A Thai member of the New Democracy cries after the “Yes” victory on Sunday. BORJA SANCHEZ-TRILLO/AFP/GETTY IMAGES

IN BRIEF

Man arrested for drug-laced candy that made 24 ill

A Michigan man has been arrested and charged with felony drug trafficking after more than two dozen concertgoers became ill after ingesting THC-laced candies at a northeast Ohio rap festival.

The Richland County Sheriff’s Office was holding 28-year-old Matthew Lee Gross, of Ypsilanti, in jail

Sunday.

A spokeswoman for the OhioHealth hospital in Mansfield said 24 attendees of the EST 2016 festival at Ohio Dreams sports camp in Butler were treated with an overdose antidote Saturday after ingesting the candy packets. THC is the psychoactive compound found in marijuana.

THE ASSOCIATED PRESS



STORMS MACEDONIA DECLARES EMERGENCY AFTER DEADLY FLOODING

A man walks through a flooded street in the village of Stajkovci, near Macedonia’s capital of Skopje, on Sunday following overnight torrential rains and fierce storms. The storms left at least 21 people dead, six missing and dozens injured, authorities said. The freak weather included winds blowing at more than 70 kilometres an hour and resulted in flash floods and landslides, with cars swept away by the violent torrents. Macedonia’s government declared a state of emergency in parts of the capital as police and army helicopters searched for the missing and evacuated hundreds from the flood zone. ROBERT ATANASOVSKI/AFP/GETTY IMAGES

Daesh claims machete attack on police officers

BELGIUM

Assailant shot and killed by third officer

Daesh on Sunday claimed responsibility for a weekend machete attack that wounded two policewomen in the Belgian city of Charleroi, calling it an act of reprisal carried out by one of its “soldiers.”

Belgian prosecutors identified the machete-wielding assailant as a 33-year-old Algerian known to police for criminal offences, but not for extremist acts.

Belgian media reported that he was in the country illegally, despite two separate orders being issued for him to leave. The government didn’t immediately confirm the reports.

The attack on Saturday afternoon is being treated as a terrorist incident, notably because the man shouted “Allahu akbar!” — Arabic for “God is great” — as he slashed at the officers outside Charleroi’s main police station, Prime Minister Charles Michel said.

The assailant, shot by a third officer, died later in a hospital. A statement by the Daesh-affiliated Amaq News Agency, posted Sunday on an



Belgian Prime Minister Charles Michel, left, and Charleroi Mayor Paul Magnette arrive at the hospital where one of the injured policewomen is staying. NICOLAS MAETERLINCK/AFP/GETTY IMAGES

Daesh-linked Twitter account, said the attack on the policewomen was in response to the “Crusader coalition’s” military campaign against Daesh and its self-declared caliphate in Iraq and Syria.

Belgium, a longtime U.S. ally, is a member of the American-led coalition combating Daesh, and has supplied warplanes to participate in anti-Daesh operations.

The Belgian Federal Prosecutor’s Office said the attacker, who it identified only as K.B., had lived in Belgium since 2012.

“Since there are indications that the attack may have been

inspired by a terrorist motive, the federal prosecutor’s office decided to take over the investigation from the district prosecutor’s office of Charleroi,” the federal office said in a statement.

The office said two police searches were carried out overnight in the southern Belgian city, but that no further information about the investigation would be made public.

Broadcast media including state-owned RTBF said K.B. was in Belgium illegally despite receiving two separate orders from government authorities to leave. Michel didn’t directly confirm the reports. But he told RTL television that more must be done to combat illegal immigration, saying it was difficult to persuade Algeria to accept the return of its nationals.

Both policewomen were “se-

+ HIGH ALERT

Belgium has been on high alert since the March 22 suicide bombings claimed by Daesh extremists that killed 32 people in Brussels.

Many of the perpetrators of the Nov. 13 carnage in Paris that killed 130 people were also residents of Belgium.

That attack was also claimed by Daesh.

verely injured in the face and neck” in the attack, the federal prosecutors’ statement said. RTL said both were placed in an artificial coma to allow surgeons to operate on them. Michel said the prosecutors were treating the attack on the officers as a case of “attempted terrorist murder.”

Michel said the prosecutors were treating the attack on the officers as a case of “attempted terrorist murder.”

The prime minister spoke to reporters following an emergency meeting with top Belgian law enforcement officials Sunday morning. Michel cut short his vacation in the south of France following the Charleroi attack, which had some police unions clamouring for greater protection for police officers and installations.

THE ASSOCIATED PRESS

“We must avoid panic, of course — not give in to terror. That’s the trap that has been set for us.”

Belgian Prime Minister Charles Michel

Pipeline hearings begin

ENERGY EAST

3-member panel to decide fate of controversial \$15.7B project

The National Energy Board is set to begin public hearings Monday into the Energy East Pipeline in New Brunswick, a province where the prospect of oil and gas development has led to fierce, and sometimes violent, protest in the past.

A three-member panel tasked with deciding the fate of the controversial \$15.7-billion development will start the hearings in Saint John, where the oil that would be shipped through the proposed 4,500-kilometre project would be refined.

In all, 337 intervenors are scheduled to give their take on a pipeline that has already widened a chasm between some who believe the project is vital for the country's economic growth and others who oppose it on environmental grounds.

Stephen Thomas, energy campaign co-ordinator at the Ecology Action Centre, will be



Members of Stop Energy East Halifax head to a protest in Halifax in January 2015. **National Energy Board hearings on the pipeline are set to begin in New Brunswick.** ANDREW VAUGHAN/THE CANADIAN PRESS

travelling from Halifax to make a 20-minute presentation on the first day of the hearings.

He said he plans to raise concerns about the impact an oil spill would have in the turbulent waters of the Bay of Fundy. So far, he isn't persuaded by TransCanada's mitigation plans.

"They would have to work a



When it comes to the public, they don't really care.

Roger Hunka on TransCanada

lot harder than they are now to convince us that they could respond in an effective way, that's for sure," said Thomas.

He said he wants to highlight that the pipeline, which would carry 1.1 million barrels of crude per day from the Alberta oil-sands to the East Coast, would increase greenhouse gas emissions.

But that issue will be assessed in a separate review process run by the federal government.

Roger Hunka, director of intergovernmental affairs at the Maritime Aboriginal Peoples Council, has submitted 16 detailed questions ahead of his presentation scheduled for Tuesday.

He said the council is not opposed to development if it's well-planned and well-communicated. But TransCanada hasn't done a good job doing that, he said.

"TransCanada ... from my experience, has had a very disdained approach to citizens," said Hunka.

He said his main concern is the impact a spill would have on the environment and how that would affect hunting and fishing grounds.

TransCanada spokesman Mark Cooper said the company is committed to informing the public about all aspects of the project.

"Communication, transparency, accountability, and openness with local communities is fundamental to building confidence and acceptance of our projects," said Cooper.

THE CANADIAN PRESS

FINANCE

Panama panel loses expert

Nobel economics laureate Joseph Stiglitz has quit a committee set up by Panama's government to study the country's financial system following the leak of a trove of data about offshore accounts set up by a Panamanian law firm.

Panama's foreign ministry said Saturday that Stiglitz resigned over "internal differences" that it did not explain. Swiss law professor Mark Pieth also resigned.

The committee of experts was set up in April following the international uproar over the leak of the so-called "Panama Papers" revealed details on offshore accounts that helped foreigners shelter their wealth.

The panel is supposed to give recommendations on making it more difficult for people to use Panama's financial services sector for illegal activities.

Four experts continue to work on the committee.

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URBAN ETIQUETTE ELLEN VANSTONE



THE QUESTION
I have a dear friend who invites me to her cottage every year. I hate going. I've started making up excuses, but now it seems too obvious. Is there a polite way to decline?

Dear Ellen,

I have a dear friend who invites me to her cottage every year. The trouble is, I hate going. I don't like cottages. Or swimming. Or her other friends. Or her yappy, smelly, badly trained dogs who constantly jump up on people. A couple of years ago, I started making excuses at the last minute not to go, but now it seems too obvious. Is there a polite way to decline cottage invites without hurting a host's feelings?

— City Gal

Dear City Gal,

I think this one might depend on the friend, and how invested she is in her identity as a cottage owner. Some people (like me) wouldn't care one bit if a friend declined the invite and bluntly admitted: "Sorry, I'm not a cottage person, but thanks anyway!" The truth is, it's a lot of trouble to entertain guests at a cottage, and it's often hard for cottage owners to fit everyone in over a short Canadian summer. So she might appreciate being off the hook with a guest who doesn't want to come at all.

If you want to soften the blow, you can always

It's often hard for cottage owners to fit everyone in over a short Canadian summer. So she might appreciate being off the hook with a guest who doesn't want to come at all.



© Ani Castillo

send along a wee gift as a token of appreciation for the invite — a bottle of something nice for her and her friends to share in your absence, or a beeswax candle for the dinner table.

If she's bound to take huge offence, you have two choices: Let her be offended and cut you out of her life forever. Or go to the damn cottage and suck it up to save the friendship.

Easy peasy. And with our remaining space, let's go over some cottage rules for those who do end up there.

Guests should always offer to bring food, and take direction from the host as to what's needed or desired. Make sure to bring beer, wine or some fancy booze if everyone's a drinker.

Take your cue from the host when it comes to matters such as talking or not talking in the morning, or where to put toilet paper if there are septic tanks or outhouses involved. Pitch in with cooking, dishes, getting out swimming and boating toys and equipment, and putting them all away again. No matter how much you might hate cards, board games, euchre or charades, you are obliged to enthusiastically join in.

Hosts, meanwhile, should make sure linens are clean or, at the very least, don't reek of mildew and your last 20 guests. And get rid of old pillows — you know the ones I mean: those rock-hard, 10-kilo repositories of dead skin cells and dust mites.

Alternatively, there is no shame in asking guests to bring their own sheets and pillows.

If guests want to pitch in with tasks around the property, let them. But don't ask anyone to spend the weekend hauling lumber, painting the boat-house, or fixing the dock.

And, sorry to be such a downer, but not everyone has the survival skills you've developed over years of cottage dwelling. You owe it to guests to make sure you have working fire extinguishers, enough life vests for everyone on the water, and emergency numbers posted in plain sight.

As for yappy, smelly, badly trained dogs who jump up on people, that's a whole other problem, which I'd love to address in another column — though I warn any owners of these intolerable irritants, you won't like it.

+ ELLEN'S RULES

Dos and don'ts of being a cottage guest

Always bring food (and booze, if it's a drinking crowd) to share.

Take your cue from the host about the toilet paper/septic tank/outhouse situation if it's unclear.

Participate enthusiastically in activities like swimming, boating and board games.

Pitch in with dishes, clean-up and chores.

Need advice?
Email Ellen:
scene@metronews.ca

ROSEMARY WESTWOOD

9 to 5, Part 2: Working women's rights are front and centre once again

The realities and plights of working women have entered the U.S. election with a somewhat surprising intensity.

Hillary Clinton's campaign was always going to spur debate over women's capacity to wield power, their innate suitability and the public appetite to see them succeed.

But it's also landed in the middle of an economic call to arms, a renaissance of working women's rights, a realization 9 to 5 remains a relevant protest film as well as a satisfying serving of Dolly Parton, Jane Fonda and Lily Tomlin.

Beginning with Anne-Marie Slaughter's *Why Women Still Can't Have It All* in the Atlantic magazine, and followed by Sheryl Sandberg's controversial *Lean In*, we're living in an upswing of outrage over the lack of women in executive jobs, the ongoing pay gap that sees women of colour earning the absolute least, the burden of caregiving on women and the galling lack of maternity leave in the U.S.

Then, crashing through the election's front window, Gretchen Carlson's lawsuit against Fox chairman Roger Ailes forced high-level resignations (Ailes, among others), bringing sexual harassment front and centre once again.

Never one to bow out of a controversy, Donald Trump suggested harassed women should just change jobs; he'd already said pregnancies are bad for business. His running mate, Mike Pence, argued in a 1997 newspaper letter that

working women "stunted" kids' emotional growth.

But it was Ivanka Trump who proved just how pivotal working women are to this election when she shocked onlookers at the Republican National Convention with the unconvincing, Hail-Mary claim her father would fight for equal pay — a Clinton campaign cornerstone.

Amidst all this blustering, ordinary women are just trying to navigate the status quo of a working world created to benefit men.

That led New York Times journalist Jessica Bennett to write the forthcoming *Feminist Fight Club*, a how-to "survival manual for a sexist workplace." It's the kind of book I don't want to like, both from a natural aversion to advice and because cheeky manuals are generally useless.

This book, happily, is not. In particular, I fell for the dissection of the many uses of "I'm sorry." It contains the kind of advice that generally comes with a cocktail: Worth hearing, if not always taking.

Individual women can't contort themselves just so to escape systemic forces of the patriarchy in the economy. That will require a more than the current culture storm. It's anyone's guess how long a 1980s feminist satire will still have something to say about working women's rights.

Listen to 'Nth Wave,' Rosie's podcast on women & media, at metronews.ca/podcasts

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The Your Morning team, from left, Kelsey McEwen (weather anchor), Ben Mulroney and Anne-Marie Mediwake (hosts), Lindsey Deluce (news anchor) and Melissa Grelo (late morning anchor).

THE CANADIAN PRESS/CONTRIBUTED

What's at stake for Your Morning

INTERVIEW

CTV looks for more analysis, less news in flagship show

Ben Mulroney and Anne-Marie Mediwake are talking animatedly in a small office at CTV's headquarters in Toronto. The banter is non-stop and effortless, a preview of things to come for their new flagship morning show, launching Aug. 22 to replace the venerable Canada AM.

Mulroney: "I do all the Harry Potter voices for my kids. Here's one. (Deep voice) 'You're a wizard Harry.'"

Mediwake with a puzzled look: "Who's that?"

Mulroney: "It's Hagrid. I didn't

say I was good at impressions."

Mulroney so far is doing a pretty good Canadian take on American Idol host Ryan Seacrest, who seems to be everywhere in the entertainment landscape south of the border. As well as hosting Your Morning, Mulroney will continue to work for entertainment show eTalk.

"Look, he's got like seven jobs; I only have two. It's scheduling," says Mulroney in his first sit-down interview, along with Mediwake, since the show was announced.

A lot is riding on the success of Your Morning. Fans didn't appreciate that Canada AM, which would have celebrated 44 years this September, was yanked unceremoniously from the schedule two months ago with a mere 24 hours notice.

There is also concern that

I'm the daughter of a 1970s Pierre Trudeau immigrant and he's the son of a former prime minister. It doesn't get more Canadian than that.

Anne-Marie Mediwake on working with Ben Mulroney

the new incarnation will be less about the news and more about entertainment, leaving Canadians with fewer in-depth stories about their own backyard.

The jury is still out. But certainly few people have been as groomed for the morning show job as Mulroney, son of former prime minister Brian Mulroney. The younger Mulroney has already guest-hosted Canada AM, as well as bigger things south

of the border, including ABC's Live! With Kelly.

Mediwake, meanwhile, has a solid hard news background. Her last role was the supper-hour anchor for Toronto's CBC newscast with co-host Dwight Drummond, and earlier in her career she worked as a reporter for Canada AM and CTV National News.

"I'm the daughter of a 1970s Pierre Trudeau immigrant and he's the son of a former prime

minister. It doesn't get more Canadian than that," says Mediwake.

"We want this to be a platform for the biggest newsmakers in Canada. When they have a story to tell, this is where we want them to come," says Mulroney.

The casting of Mulroney and Mediwake as co-hosts for the new show came about through a confluence of factors. But they joke that reality show renovation star Bryan Baeumler was the one responsible for inadvertently testing their chemistry together. "Bryan has a farm and he invited Ben's family and my family out, and we basically chased chickens with the Baeumler kids. It was a great day," says Mediwake.

"But Ben and I both discovered we had a lot in common. He's got twins, I've got triplets

and we got along great. When you're doing three hours of live television with someone, you've really got to trust that person."

The traditional way of telling the news has been replaced by social media and conventional broadcasters have to approach storytelling differently, she says.

"People already know what the sports score is or that Michelle Obama had a great speech last night," says Mediwake.

"It's actually an opportunity to go deeper. Wouldn't it be great to talk to Obama's speech writer to see how those words were crafted?"

Mulroney and Mediwake will be joined by CP24's Melissa Grelo and Lindsey Deluce as late morning anchor and news anchor, and Kelsey McEwen as weather anchor. TORSTAR NEWS SERVICE



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MONEY MATTERS

Teach kids to see through marketing

Gail Vaz-Oxlade
For Metro Canada



From footwear to hair care, big business is making its pitch to little consumers and scoring billions of dollars.

Kids may not make the money, but they sure have a say in how we spend it. Marketers know. And that's why their focus has moved from the traditional toys, candy and cereal to computers, clothing and cars.

Worried that commercials are having an undue influence on your children? Time to start talking to your wee ones about how the "promise" and the "reality" differ.

When your child says he wants the latest action figure, ask him if he thinks said figure will move by of its own accord. When you take her to the store to buy something, take it out of the packaging (another buy-me ploy) and ask if it lives up to her expectations.

Kids can't differentiate between what's real and what's marketing magic. You actually have to teach your kids that advertising exists to sell products, that special effects can exaggerate a product's operation, and that the ads don't always include all the information.

The next time you watch TV with your son or daughter, take time to point out the difference between the programs and the advertisements. Talk with your child about the different types of commercials on TV, radio, online and in print. Help your kids label the ads so they become less susceptible to marketers' influence. (Hey, you might make a discovery or two yourself!)

Wannabe Ads: Beautiful people having scads of fun doing things we would all love to be able to do: rafting, skiing, skateboarding, dancing. Buy the product and you'll be part of a group of fun-loving, popular achievers.

Famous People Ads: Athletes, movie stars, musicians, famous business people, even politicians appear in ads. The message is if someone famous uses the product, shouldn't you?

Cozy Ads: These ads depict warm, comfy pictures, usually in an intimate setting. A grandpa and grandson chatting on the telephone or best friends sharing secrets over a tub of ice cream. These ads want you to relate their products to love and contentment.

Facts Ads: Four out of five doctors, six out of seven dentists and nine out of ten mechanics all say this is the best product available. Could all those experts be wrong?

The Great Offer Ads: These offer you a not-to-be-believed, too-good-to-pass-up opportunity to get more for less — buy two get one free, buy one and the next is half-price.

Once you and your kidlet have labelled the ads, make a game of finding four or five examples of each type of ad. Ask your child:

Is the product better because a famous person says it is?

Will you be happier, safer, warmer, cozier, if you buy that product?

Is the deal being offered really a good deal? (Time to do the math.)

For more money advice, visit Gail's website at gailvazoxlade.com

Nia Vardalos on her life with a big Greek family

SLUGLINE

Star reflects on her fondest memories and mistakes

In case you didn't know, family is a big deal to Nia Vardalos.

The Canadian actor and star of *My Big Fat Greek Wedding 2* — out now on Blu-ray and DVD — comes from her own Greek family. She's also married to American actor Ian Gomez, her husband of over two decades, and mom to Ilaria, 11. (Vardalos and Gomez adopted their daughter in 2008, and Vardalos later wrote a book, *Instant Mom*, chronicling the adoption experience and her journey into motherhood.)

"My movie family, and my real family, were really very, very close during that entire process and we celebrated it together," Vardalos says of her experience making the original *My Big Fat Greek Wedding*, the 2002 rom-com box-office smash. "When the movie hit, that crazy success that came our way, I wasn't alone in revelling in it. It was all of us dancing a Greek jig."

She spent four years writing the script for the sequel, and got the idea for the plot line — which includes the addition of her character Toula's daughter with on-screen hubby Ian Miller, played by John Corbett — on Ilaria's first day of kindergarten.

These days, Vardalos has several projects on the go, including a recurring role on ABC's new Shonda Rhimes-produced drama *The Catch*. Vardalos and her immediate family live in L.A. but spend a lot of time in her hometown, Winnipeg.

My family in one word: Close

My family's soundtrack: Any Greek composer playing very fast, loud music.

One piece of advice: I try very hard not to give advice to other parents. When I became a new parent, a lot of unsolicited advice came my way. "You should" is my least favourite phrase. But here's advice my mother gave me: During carpoos, don't be part of the conversation — just listen and you'll know



Nia Vardalos with her daughter, Ilaria. CONTRIBUTED

everything that's going on in your daughter's life.

Parenting mistake I laugh about now: I cut my daughter's bangs while she was taking a nap, and her head was at an angle. When she woke up and looked at me, they were crooked! She looked like a punk rock singer.

Fondest memory: Before I was a parent, my fondest memory was my entire family flying into Los An-

geles for the premier of *My Big Fat Greek Wedding*. I sat at the back and saw them all laughing, like a wave through the theatre.

My family is awesome because: We support each other. I'm not the special one because of my profession. Everyone is equally important in my family, as hokey as that sounds.

Proudest moment: I was very proud of my daughter when we were approached

in an airport by a woman who held a beautiful baby on her hip and said to my daughter, "Because of you, we are fostering this baby." She pointed to her family and said, these are my biological sons and we're hoping to adopt this little girl. My daughter, at 10, nodded and said, "We donate proceeds of the book (*Instant Mom*) to get kids adopted." That was my proudest moment — she said "we."

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Beauty in chaos

WHY I LIKE MY JOB

Jaime Rose, 28, Supervisor of Shipping and Receiving in Ontario

I remember quite vividly the first time I walked into a warehouse. There was so much chaos — so much going on at once — but the atmosphere was fascinating! I took the job without a second thought and ended up falling in love with the industry. Within three years, I stepped into the people management arena and now I'm on the path to becoming a supply chain manager.

If you break the job down to bare basics: You have a box and it needs to be packed, processed and delivered to the customer in as little time as

possible. My specific responsibility is discovering and implementing innovative ways to improve the shipping and receiving process. There are so many physical aspects as well; it's the perfect marriage between working and working out (you basically get paid to work out!).

As a supervisor, I need to lead with empathy at the core. I commit myself to practising what I preach, and when my team is struggling I'm ready to roll up my sleeves and jump into the trenches with them. It's definitely more of a relaxed and social culture, and I love being able to inspire diverse teams to grow and shine in such an important industry.



HOW TO START

Most occupations require a high school diploma or continuing education courses in warehousing and logistics; however, employers typically provide on-the-job training. Specific areas of training include material handling procedures, health and safety and forklift driving. A bachelor of arts in supply chain management may also prove beneficial to individuals seeking career advancement in logistics, procurement and manufacturing. Additionally, most provinces offer professional development training in conjunction with the Supply Chain Management Association (SCMA).

WHERE YOU CAN GO

Job opportunities are expected to rise steadily over the next few years given the bright outlook in the wholesale and retail trade, matched with the demand for computer-trained workers to assist with setting up warehouse processing functions. Canada is also seeing a growing trend in the number of immigrants/new arrivals obtaining full time employment in shipping and receiving.

NEXT CAREER STEP

Opportunities primarily exist in any environment involving the movement of goods, equipment and stock to and from an organization. With a few years of experience, trained workers can move on to rewarding supervisory work as a warehouse manager, logistics manager or procurement manager.

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STUDY ROUNDUP — THE LATEST IN RESEARCH



Tinder generation is having less sex than parents did

Casual sex and "hookup culture" among Tinder-swiping millennials has been the source of much conversation — and consternation. A study from the Archives of Sexual Behaviour in August suggests concerns may be misplaced. Researchers analyzed U.S. General Social Survey data from 1989-2014 to find out whether those born between 1980-1994 and 1995-2012 had more sexual partners

as adults compared to older generations. Other data has suggested teenage sexual activity in those cohorts was lower than previous years. Researchers found millennials born in the 1990s were more than twice as likely to be sexually inactive as young adults than those born in the 1960s and 41 per cent more likely than millennials born just a few years earlier in the 1980s. Researchers suggested living with parents longer, preferring non-penetrative sexual behaviour and sexual education may contribute to the change.

Richer neighbourhoods attract more creepy crawlers

While conventional wisdom might suggest homes in lower-income neighbourhoods might harbour more arthropods — generally, creatures with exoskeletons such as flies, ants, spiders, centipedes, and millipedes — a new study published in the Royal Society's journal Biology Letters found the opposite was true. They hand-counted all living and dead arthropods in 50 homes in Raleigh, N.C. and found higher-income neighbourhoods had a greater diversity.

Women like personal invites — even for a Pap test

Women who receive an invitation in the mail are more likely to get their Pap test, according to a study associated with the Ontario Cervical Screening Program published in the journal Preventive Medicine. The study looked at the impact of followup reminders sent out in 2014 by Cancer Care Ontario to women between 30 and 69 years old. Women who received the invitations were around 1.7 times more likely to undergo a Pap test compared to women who were eligible but didn't receive an invitation. TORSTAR NEWS SERVICE

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Penny Oleksiak of Toronto on her way to winning silver in the women's 100-metre butterfly. IAN MACNICOL/GETTY IMAGES

It's a silver lining for teenager Oleksiak

SWIMMING

Beats her junior record to win second medal

Penny Oleksiak spent her first day of competition at the Rio Games lowering her own world junior record in the 100-metre butterfly heats and anchoring Canada's freestyle relay team to a bronze medal.

Now she can add a silver

medal to her impressive Olympic debut.

The 16-year-old from Toronto finished second in Sunday's 100-metre butterfly final, again beating her world junior mark by clocking a Canadian-record time of 56.46 seconds.

It took a world-record per-

formance to beat Oleksiak, as Sweden's Sarah Sjöström won in 55.48 seconds.



I don't think people know what's coming.

Penny Oleksiak

American Dana Vollmer, who won gold in the event four years ago in London, took bronze in 56.63.

Oleksiak, who is quickly becoming Canada's face of the Rio Games, was in third place after the first 50 metres, but

came on strong out of the turn to give Canada its second medal in Rio.

"The first few seconds after I touched the wall I didn't look back. I was just trying to catch my breath," she said. "I wasn't even sure I'd even medalled until I looked up and saw the Canadian flags in the air around me."

"Getting to see that and getting to see that you medalled is just an amazing feeling."

THE CANADIAN PRESS

DAY 2 HIGHLIGHTS

Williams sisters stunned by Czech duo

The whipping gusts that disrupted athletes and spectators alike were just a prelude to the winds of change that roared through Rio de Janeiro on Sunday night: Serena and Venus Williams lost an Olympic doubles match for the first time.

Day 2 of the Rio Games proved quite the breeze for some athletes and much too windy for others. The gusts ripped apart a large decorative panel on the swimming venue.

Then, the tempest: the Williams sisters were stunned in the opening round by the Czech Republic's Lucie Safarova and Barbora Strycova 6-3, 6-4 after entering Sunday's match with a 15-0 mark in the Olympics.

They had won the gold medal in women's doubles every time they entered the event: in 2000, 2008 and 2012. The American duo was seeded No. 1 in Rio and coming off a 14th Grand Slam championship together

RIO Golden first

Majlinda Kelmendi won Kosovo's first Olympic medal, taking gold in judo (women's 52 kilograms). Kosovo was not recognized by the IOC until 2014.

at Wimbledon a month ago.

China won yet another medal in air rifle on a day nasty winds

sent the clay targets in the trap event bobbing and bouncing through the air, forced delays on the tennis courts and whipped up treacherous waves in the Rodrigo de Freitas Lagoon.

Sunday's rowing regatta was called off after a two-hour delay when the choppy seas didn't let up. Race officials said winds gusting up to 55 km/h pushed buoys into the lanes and capsized two boats during morning practice.

THE ASSOCIATED PRESS

VOLLEYBALL

Canada stuns U.S. in return to Games

Canada's men's volleyball team may have lulled the competition into a false sense of confidence.

The Canadians defeated the United States 3-0 in the men's volleyball opener for both teams Sunday at the Rio Games. This is the Canadian team's first Olympic appearance since the 1992 Barcelona Games.

The 12th-ranked Canadians converted their first match point for a 25-23, 25-17, 25-23 upset win over the No. 5 Americans.

"You never expect a victory quite like that," said Canadian opposite spiker Gavin Schmitt. "But we know that we can play very well and if we focused on our own game, really took it to them and played aggressive then we had a good chance of beating them."

Canada will continue pre-



Canada's John Gordon Perrin spikes the ball during a qualifying match against the United States on Sunday. PEDRO UGARTE/AFP/GETTY IMAGES

liminary-round play Tuesday against top-ranked Brazil.

THE CANADIAN PRESS

DIVING

Abel and Ware land just shy of podium

Canadian divers Jennifer Abel and Pamela Ware opened the Rio Olympics with a gut-wrenching result in the women's three-metre synchronized event.

The duo finished fourth, less than one point behind bronze medallists Maddison Keeney and Anabelle Smith of Australia.

Chinese pair Shi Tingmao and Wu Minxia won the gold with a score of 345.60 while Italians Tania Cagnotto and Francesca Dallape were second with 313.83 and the Aussies scored 299.19. Abel and Ware finished with 298.32.

THE CANADIAN PRESS

IN BRIEF

Canadian judoka falls in bronze-medal match

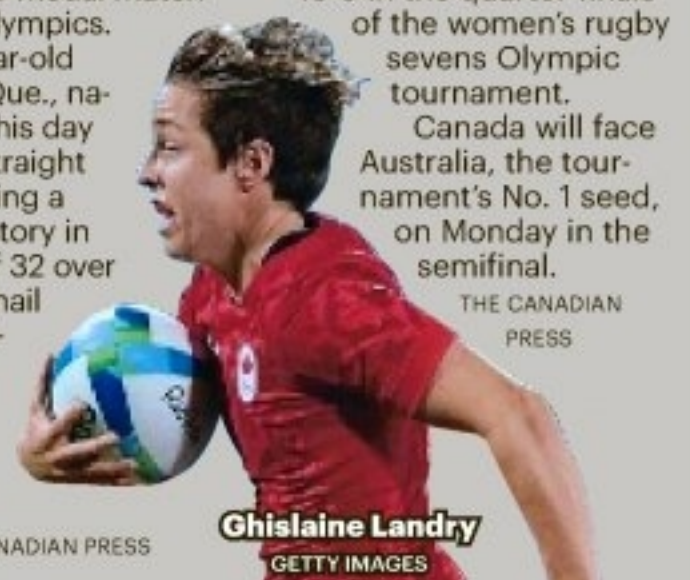
Canadian judoka Antoine Bouchard lost to Japan's Masashi Ebinuma in the 66-kilogram bronze-medal match at the Rio Olympics.

The 21-year-old Jonquiere, Que., native started his day with three straight wins, including a stunning victory in the round of 32 over Russia's Mikhail Puliaev, a silver medalist at the 2014 and 2015 world championships. THE CANADIAN PRESS

Canucks advance to semis in women's rugby

Bianca Farella and Ghislaine Landry scored late tries to lead Canada past France 15-5 in the quarter-finals of the women's rugby sevens Olympic tournament. Canada will face Australia, the tournament's No. 1 seed, on Monday in the semifinal.

THE CANADIAN PRESS



Ghislaine Landry GETTY IMAGES

Furyk's historic Route 58

RIO 2016

Russia's blanket Para ban

GOLF

Veteran motors to a new magic number with round for ages

Jim Furyk has a place in PGA Tour history all to himself with a new magic number in golf.

Three years after Furyk became the sixth player on tour with a 59, he took it even lower Sunday in the Travelers Championship with a 58.

The 46-year-old American bounced in an eagle from 135 yards on his third hole, ran off seven straight birdies around the turn and picked up his final birdie on the 16th hole with a putt from just inside 24 feet. He rolled in a short par putt on the final hole at TPC River Highlands, thrust his arms in the air and waved his cap to salute thousands of fans who had rushed to the amphitheatre around the 18th green to catch a stunning slice of history.

"There's a lot of rounds by a lot of great players ahead of me that have never reached 58, so to hold that record alone right now, on the PGA Tour at least ... is phenomenal," Furyk said. "To have a little, small place in history is something you dream of."

And it could have been even lower. Furyk reached 11 under on the par-70 course with his seventh straight birdie at No. 12. He missed a 12-foot birdie attempt on the 14th hole, and after nearly driving the par-4



Jim Furyk of the United States celebrates after shooting a record setting 58 during the final round of the Travelers Championship in Connecticut Sunday. STEVEN RYAN/GETTY IMAGES

15th, his 8-foot birdie putt lipped out.

It might be one of the best rounds hardly anyone saw.

Furyk, who started the final round 16 shots out of the lead, had less than a dozen fans watching when he teed off at 8:41 a.m. He finished his round before Golf Channel coverage began.

The news travelled far. "Amazing, eh?" Justin Rose

said from the practice range at the Olympic Golf Course in Rio de Janeiro. "Amazing that he did

"To have a little place in history is something you dream of."

Jim Furyk

it without birdieing the 13th (par 5) and 15th. Pretty cool."

It might not have happened if Furyk had not gone this road before. He shot a 59 at Conway Farms in the second round of the 2013 BMW Championship with a bogey on his card.

"I guess had I never shot 59 before, I probably would have been thinking 59, the barrier," he said. "But the fact that I did it three years ago, you know, in

+ KNOX IS TOPS

Scotsman holds his nerve

Russell Knox saved par with a 12-foot putt on the final hole to beat hometown favourite Jerry Kelly by a stroke Sunday in the Travelers Championship.

Knox closed with a 2-under 68 for a 14-under 266 total at TPC River Highlands. The 31-year-old Scot won for the second time on the tour, following his breakthrough victory in China in November in the WGC-HSBC Champions. THE ASSOCIATED PRESS

the back of my mind I've got 11-under through 12; I've got six holes to play. If I play them under par, I'm going to break another barrier."

Ryo Ishikawa shot a 58 in The Crowns on the Japan Golf Tour in 2010. Shigeki Maruyama shot a 58 in U.S. Open sectional qualifying in 2000. And just last week, Stephan Jaeger posted a 58 on the Web.com Tour in the Ellie Mae Classic at the TPC Stonebrae.

Furyk is the only player with sub-60 rounds twice. And it would appear that both times, he had to settle for history, not a trophy. He finished third at the 2013 BMW Championship, and he was still four shots behind 54-hole leader Daniel Berger at the Travelers before Berger even teed off. THE ASSOCIATED PRESS

After escaping a blanket ban from the Olympics, Russia was kicked out of the upcoming Paralympics on Sunday as the ultimate punishment for the state running a doping operation that polluted sports by prioritizing "medals over morals."

Paralympic leaders expelled one of its most significant members as the IOC announced that 278 Russians have been given clearance to compete at the Olympics after their eligibility in Rio de Janeiro was left to individual sports.

Russia's years of doping deception, including tampering with samples at the 2014 Olympics and Paralympics in Sochi, were outlined last month by World Anti-Doping Agency investigator Richard McLaren.

"The facts really do hurt," IPC President Philip Craven said. "They are an unprecedented attack on every clean athlete who competes in sport. The anti-doping system in Russia is broken, corrupted and entirely compromised."

In contrast to IOC President Thomas Bach, who opposed the "nuclear option" of banning Russia ahead of Friday's Olympic opening ceremony, Craven directly condemned the Russian state's involvement in doping but stopped short of blaming Russian President Vladimir Putin.

THE ASSOCIATED PRESS

IN BRIEF

Ichiro joins exclusive club

Ichiro Suzuki joined the 3,000 hit club in Colorado Sunday, becoming the 30th Major League player to reach the milestone.

The Marlins outfielder did it Sunday with a triple in the seventh inning against at Coors Field. Miami players came out of the dugout to congratulate Suzuki, and he waved his helmet to acknowledge the cheers.

The 42-year-old Suzuki hit a long drive to right field that carried just beyond the reach of Gerardo Parra. THE ASSOCIATED PRESS

Machado's triple treat

Manny Machado became the second player in major league history to homer in the first, second and third innings, driving in a career-high seven runs in a 10-2 rout of James Shields and the White Sox on Sunday.

Machado hit a two-run homer in the first and a three-run shot in the second off Shields, who allowed four homers while getting four outs. The only other player to do that was Carl Reynolds of the White Sox on July 2, 1930, at the Yankees. THE ASSOCIATED PRESS

MLB

Blue Jays' silent bats ready to 'explode'

The Toronto Blue Jays bats went silent over the weekend.

Jose Bautista, Josh Donaldson and Edwin Encarnacion did not have an extra-base hit or drive in a run in the three-game series at Kansas City.

Yordano Ventura pitched effectively into the seventh inning Sunday and Kendrys Morales hit a grand slam as the Royals beat the Toronto Blue Jays 7-1.

"Today was a little frustrating," Blue Jays manager John Gibbons said. "It's always tough to play here. They're world champs. They're that for a reason and

SUNDAY in Kansas City



they held us in check. We really haven't been swinging that good since the beginning of the last homestand. We've been in kind of a rut, so we're due to explode."

They fired duds against Ventura. Ventura (7-9), who was 0-5 in seven starts since a June 17 victory over Detroit, limited the

Blue Jays to one run and five singles in 6 2/3 innings, walking four and striking out four.

"It's hard to be hot for 162," losing pitcher Marcus Stroman said. "Our guys are some of the best hitters in the league and we're aware of that and the drought's not going to last. It's just one of those spurts and I'm sure they'll break out pretty soon."

Stroman (8-5) allowed three runs and seven hits in five innings. He threw 95 pitches before being replaced by Scott Feldman. THE ASSOCIATED PRESS



Blue Jays Marcus Stroman and Josh Thole try to work it out. ORLIN WAGNER/AP PHOTO

A-Rod reaches finish line

MLB

Yankees to retire controversial slugger

Ready or not, Alex Rodriguez will play his final game in pinstripes this week.

One of the most prolific hitters and polarizing figures in baseball history, the slumping slugger plans to take his final at-bat with the New York Yankees this week and then become a special adviser and instructor with the team next year. A-Rod and the club made the announcement before Sunday's game against Cleveland.

"This is a tough day. I love this game and I love this team," he said, often choking up. "And today I'm saying goodbye to both."

The 41-year-old Rodriguez, who sat out the 2014 season while serving a performance-enhancing-drug suspension, will play against Tampa Bay at Yankee Stadium on Friday night and then be released.



Alex Rodriguez will retire Friday. JIM MCISAAC/GETTY IMAGES

New York will pay him the remainder of the approximately \$27 million he's owed as part of his \$275 million, 10-year contract.

Relegated to little more than a spare part lately, the

three-time AL MVP acknowledged "the last four weeks have not been fun."

"It's been very painful and embarrassing to sit on the bench. It's been awkward," Rodriguez explained.

But he made it clear he still thinks he could contribute on the field.

"Of course, I think I can play baseball. You always think you have one more hit in you, or help the team win

"This is a tough day. I love this game and I love this team. And today I'm saying goodbye to both."

Alex Rodriguez

one more game, for sure," said Rodriguez, who is four home runs shy of 700. "That wasn't in the cards. That was the Yankees' decision, and I'm at peace with it."

A news release issued by the club indicated Rodriguez will be released after "his final major league game" to sign a contract that gives him a job working with minor leaguers throughout the Yankees' farm system. That deal runs through Dec. 31, 2017.

A-Rod said he'll go home to Miami following Friday's game and he thought his new duties would begin during spring training. He thanked the Steinbrenner family for the opportunity to stay in baseball. THE ASSOCIATED PRESS

RACING

Hamlin stays out of trouble to win first road race

Denny Hamlin prevailed in a four-lap dash to the checkered flag to win a wreck-fest at newly paved Watkins Glen International on Sunday.

It's the first road course win of Hamlin's NASCAR career as he survived a race that had eight cautions for 24 laps and two red flags for 30 minutes. THE ASSOCIATED PRESS

Collision leaves driver in critical condition

Sprint Car driver Bryan Clauson remained hospitalized Sunday in critical condition following a harrowing accident in the Belleville (Kan.) Midget Nationals USAC midget race.

Clauson was airlifted to a hospital in Lincoln, Neb., following the Saturday night crash. His family offered no details regarding his injuries in a statement provided by Bryan Clauson Racing.

Clauson is considered the nation's top short-track dirt-car driver.

THE ASSOCIATED PRESS



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RECIPE Orecchiette with Sundried Tomatoes and Peas



PHOTO: MAVA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

- 1 clove garlic, grated
- 1/2 cup grated Asiago cheese
- squeeze of lemon juice

Directions

1. Bring a large pot of salted water to boil and cook pasta according to package directions. In the last minute of cooking time, add peas and sundried tomatoes; cook for 1 minute. Reserve 1/4 cup of the pasta water and drain.

2. Return pasta to pot over low heat. Stir in the reserved pasta water, oil and butter. Grate the garlic into the pasta and then mix. Add the cheese and a squeeze of lemon juice and serve with a salad and fresh bread.

Ready in

Prep time: 15 minutes
Cook time: 10 minutes
Serves 4

Ingredients

- 500 g orecchiette pasta
- 1 1/2 cups garden peas
- 1/4 cup dried sundried tomatoes, diced
- 1/4 cup olive oil
- 1 tsp butter

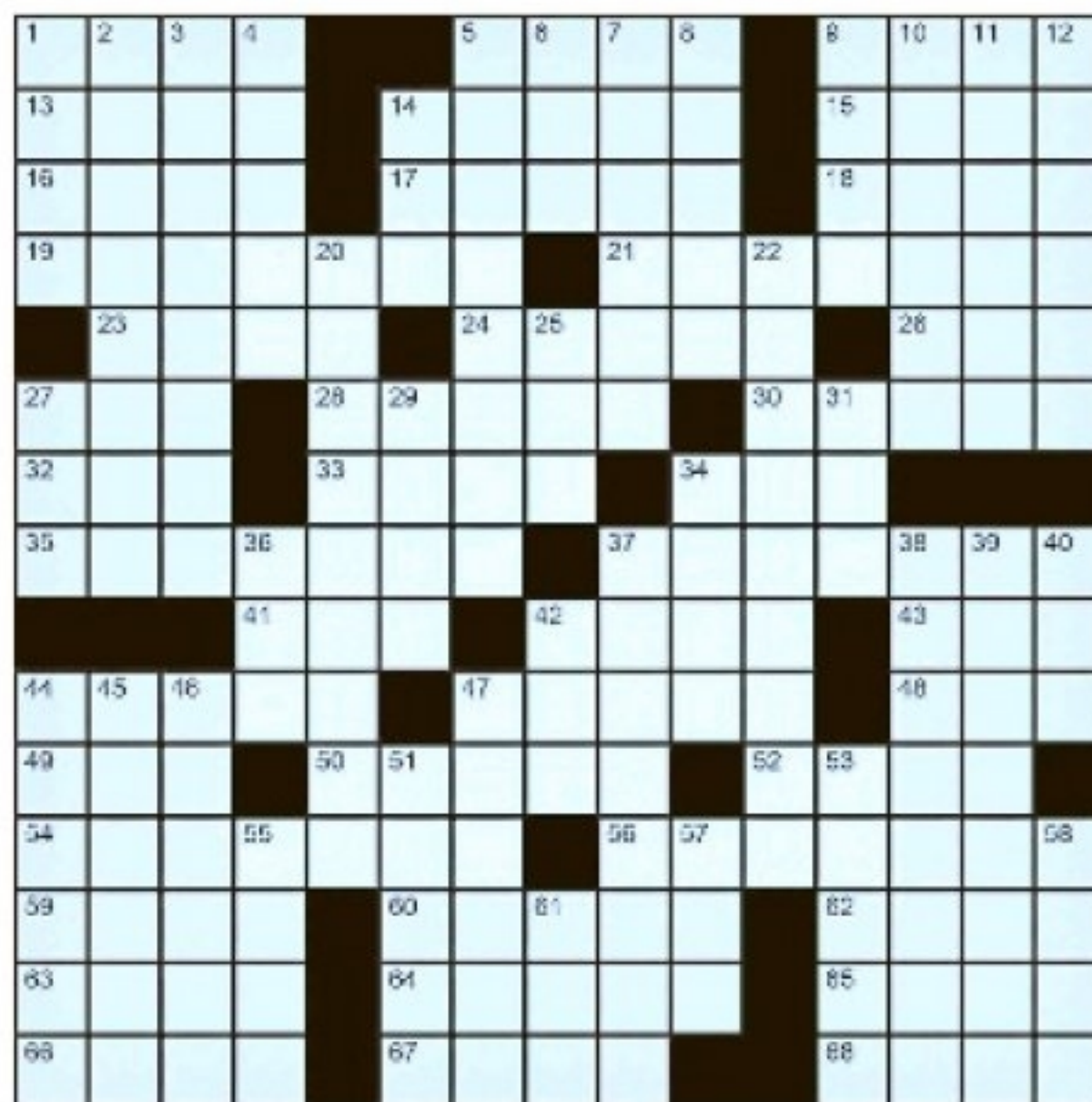
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. RIO 2016: Go! _ Canada! Go!
5. Watch pockets
9. Cartoonist Al
13. Memory unit
14. Petrol quantity
15. Botanical angle
16. Glassmaking oven
17. Mr. Shaw
18. _ butter
19. Music-listening purchases
21. RIO 2016: Olympic sport
23. Cameo stone
24. Trunk
26. 'Hect' ending
27. Agnus _ (Lamb of God)
28. Fashion brand, Perry _
30. Hollywood's Winona
32. _ landslide
33. Authentic
34. Pre-A.D. time alternative
35. Camera part: 2 wds.
37. RIO 2016: Schedule
41. Trendy
42. 154 in ancient Rome
43. Green
44. Zeniths
47. RIO 2016: Country for which the IOC code is GHA
48. Belonging to Washington's li'l locale
49. Old French coin
50. Kwik-_- ("The Simpsons" store)
52. God, in Gaspe
54. RIO 2016: Trains, weightlifter-



56. RIO 2016: Fragrant gifts to medal winners
59. Napoleon's exile isle
60. "I also want that!": 2 wds.
62. "I _ my wit's end!"

63. Particular phone
64. New Zealand language
65. Exec's assistant
66. Overbrim
67. Apple part
68. Chemical group sort

DOWN

1. Supertime surfaces, shortly
2. See _ _ _ (Concur)
3. RIO 2016: Spectator at the first modern Olympics in 1896
4. Happy
5. RIO 2016: Swim race's beginning

6. Canadian cap.
7. Particular pipes
8. Soothsayers
9. Money
10. Logger's tool part, States-style: 2 wds.
11. RIO 2016: Father of the modern Olympics, Baron _ de Coubertin

- (b.1863 - d.1937)
12. RIO 2016: Soccer _
14. RIO 2016: Olympic country, _ People's Democratic Republic
20. RIO 2016: Keeps fit
22. RIO 2016: #38-Down sits atop what mountain's peak?
25. Pantry product
27. Twofold [abbr.]
29. RIO 2016: Gymnastics move
31. Edmonton Intl. Airport code
34. Sergey _ (Google co-founder)
36. Not he
37. RIO 2016: Diving event, Men's Synchronized 10m _
38. RIO 2016: Giant statue overlooking Rio, Christ the _
39. RIO 2016: Important element in the Olympic sport of Shooting
40. August, et al.
42. Cath. or Prot.
44. Element
45. Plum _ Manitoba
46. Mutter
47. Amazingly observe: 2 wds.
51. Some brand name champagnes
53. " _ _ _ Teenage Werewolf" (1957)
55. RIO 2016: Beach tree
57. Quebec 'law'
58. " _ D" (MTV show, once)
61. RIO 2016: Running shoe part

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to pay bills and take care of banking. It's also a good day to discuss budgets and material resources with co-workers, because people are co-operative today.

Taurus April 21 - May 21
Because today's Moon is opposite your sign, you have to go more than halfway when dealing with others. This won't be difficult, because people are in a good mood. It's a good day to socialize.

Gemini May 22 - June 21
It will please you to make an effort to get better organized today. You also will be pleased if you do something to promote your health. You want to turn over a new leaf.

Cancer June 22 - July 23
Tap into your creative vibes and enjoy artistic activities today. Movies, the arts, sports events, playful activities with children and socializing with others are top choices for you.

Leo July 24 - Aug. 23
Family discussions are warm and friendly today. This is a good day to explore real-estate opportunities. Enjoy cocooning at home.

Virgo Aug. 24 - Sept. 23
Your communication skills are excellent today. This is a blessing for those of you who sell, market, teach, write or act. Enjoy talking to siblings and relatives.

Libra Sept. 24 - Oct. 23
This is a good day for business and commerce. Trust your intuition. If shopping, you will like buying artistic objects, jewelry and clothes.

Scorpio Oct. 24 - Nov. 22
You might feel more emotional than usual today. This is why time spent with friends and members of groups is especially important. Younger, creative people are in your world today.

Sagittarius Nov. 23 - Dec. 21
You might work behind the scenes to promote something for others. In particular, you will make something more attractive or more appealing to the public.

Capricorn Dec. 22 - Jan. 20
Someone from a different background from yours, perhaps another culture or a different country, has something to offer you today. Perhaps this will lead to future travel plans.

Aquarius Jan. 21 - Feb. 19
People notice you today, and this is a good thing. Ask for help from someone, or ask to borrow something if you need it; you will likely get it.

Pisces Feb. 20 - March 20
Grab every opportunity to do something different today, because you want to expand your horizons and explore something new. Travel if you can.

CONCEPTIS SUDOKU by Dave Green

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Your plastic peggo card has an embedded electronic chip in which you store transit value including:

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- **e-cash** - replaces paper tickets. Riders can load e-cash onto their peggo cards, which deducts e-cash fares from the card when it is tapped on the farebox.
- **Transfer** - when paying with e-cash, a 75-minute transfer is automatically loaded onto the peggo card so paper transfers are no longer required.

Winnipeg Transit will continue to accept paper passes and tickets while customers transition to the new fare system. Cash fare will be accepted on all buses.

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Where can I buy my peggo card?

Purchase your peggo card online at winnipegtransit.com, by calling 311, or in person at retail locations throughout the city, including 7-Eleven and Shoppers Drug Mart. For a complete list of retailers visit winnipegtransit.com or contact 311.